

## Strategic Prayer Focus

Identify two or three people in your sphere of influence that you believe desperately need Jesus. List their names below so that you pray for each of them weekly.

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Lord, I pray that you draw these to Yourself. (John 6:44)

I pray that they will seek to know You. (Acts 17:27)

I pray that they hear and believe the word for what it really is. (I Thessalonians 2:13)

I ask You to prevent Satan from blinding them to the truth. (II Cor. 4:4; II Tim. 2:25-26)

Holy Spirit, I ask You to convict them of their sin and need for Christ's redemption. (John 16:7-14)

I ask that You send someone who will share the Gospel with them. (Matthew 9:37-38)

I pray that they would put all of their trust in Christ. (John 1:12; 5:24)

I pray that they confess Christ as Lord and grow in faith and bear fruit for Your glory. (Romans 10:9-10)

Adapted from Neil Cole's Life Transformation Groups

## Character Conversation Questions

These questions can stimulate character building conversations and confession of sin in the safe environment of honesty, vulnerability, confidentiality, and forgiveness. Close your time with prayer for one another's growth in these areas.

Have you been an intentional reflection, in words and actions, of Jesus this week?

Have you dishonored yourself or another with an unhealthy self-image? Have you been exposed to sexually alluring material?

Has the desire for money, material possessions, or status at any time controlled your thoughts, conversations, or behavior?

Have you damaged another person by words, either behind their back or face-to-face?

Have you been honoring, understanding, and generous in important relationships this week (marriage, friends, family)?

Have you given in to an addictive behavior this past week?

Have you continued to remain angry toward another?

Have you wished for another's failure or stood by passively as another was diminished (hatred, racism, sexism...)?

Did you finish the scripture reading and hear from God? What are you going to do about it?

Have you been completely honest with me?

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(Your personalized accountability question)

# Micro Groups Women





# Micro Groups are.....

A Micro Group is a way of obeying Jesus' command to make and multiply disciples without relying on gifted leaders. Two or three people who desire to grow in Christ can hear from God through prayer and scripture reading. They can encourage and support one another in obeying what they hear from God. They can also agree in prayer for salvation of loved ones. A Micro Group typically meets once a week for an hour. It is gender specific (not coed), requires no curriculum or special training, and doesn't need a leader. Its members mainly do three things:

1. **Confess sin to one another in mutual accountability.**
2. **Read scripture.**
3. **Pray for people desperately needing Christ.**

## Qualifications for Participating in a Micro Group:

- Desire to know Jesus more intimately**
- Faithfulness to the group**

## Why Two or Three?

### Allows for ...

**Relationship** (Ecclesiastes 4:9-12): Life change does not happen in a vacuum: it happens in relationship with others. For most, it is difficult to have the kind of close-knit bond that can change lives with more than three people at any one time. The best context for life-changing community is in a group of two or three.

**Accountability** (1 Timothy 5:19): Few things in life get done without some degree of accountability. In the pursuit of godliness we need accountability to one another. It's hard to be accountable to more than two or three people at a time. We can find support with a small group who knows and understands our life.

**Confidentiality** (Matthew 18:15-17): Confession of sin is needed for cleansing, healing, and preparation for a life of service, and a safe place is essential. Two or three others of your same gender, who know and care about you and who are also sharing their own struggles, provide as safe a place as one can find.

**Flexibility** (Matthew 18:20): Two or three busy people can coordinate their schedules and meet almost anywhere.

**Reproducibility** (2 Timothy 2:2): Simple things multiply more easily than complex things. If we learn to multiply this basic unit of the church, we have a better chance to multiply more complex community groups, ministries, and congregations.

## Three Tasks of a Group

**Sin is confessed to one another in mutual accountability.** These accountability questions are to be asked of one another in a weekly meeting that values honesty, confidentiality, and integrity (Proverbs 27:17, James 5:16, Galatians 6:1-5). Because it is easy to lose time talking about other things, the meeting will start with the Character Conversation Questions (see back panel). Each person is given time to answer a question before moving on to the next question. The others listen and avoid trying to "fix or excuse". Pray for one another.

**Scripture is read in entire content and in community.** Using your journal, read the scriptures suggested and record special insights from the Lord. The goal of the reading is not intense study; it is to hear from God and do what He says, for this is the definition of faith.

**People who desperately need Jesus are prayed for strategically, specifically, and continuously.** Each member of the Group is to identify two or three people in their sphere of influence who need Jesus. These people are prayed for throughout the week.

*Those who begin to seek Christ become candidates for Micro Groups. Multiplication of the group can occur naturally and spontaneously and in a way that the whole group can celebrate together.*

We're in: \_\_\_\_\_